

It is important to us, as people coping with CF and the many added complications it involves, that we remember that CF is NOT just a children's disease anymore. We are so grateful for the adults with CF who find the energy and make the time to help others on their journey. One such adult, Norma, is featured here. Whatever information you are looking for, Norma's site can help you find it.

If you don't find it there, let her know and I'll bet she adds it!



Norma Kennedy Plourde is 41 and has CF.

She lives in New Brunswick, Canada, has been married for 21 years, and has a 19 year old daughter. She was diagnosed at about age 5. She is doing fairly well as far as the CF goes, not too ill, never has been on IV antibiotics. She has had many polypectomies though. She takes many medications for CF and RA (Rheumatoid Arthritis), oral antibiotics

frequently, nebs, and has pancreatic insufficiency also. She worked as a Registered Nurse for 9 years, but has been unable to work now for the past 12 years. She had to stop working, not due to the CF as much as the RA. Her major pastimes right now are web page making, genealogy, and e-mailing. Her CF web site is the culmination of many years of work (started 1997), and has been enjoyed by many people. Her nursing background helps give a medical viewpoint, and her own CF experience gives a personal touch to it all. At last count, her site contained 1,944 links! Enjoy!

normap@nbnet.nb.ca

<http://www3.nbnet.nb.ca/normap/CF.htm> (My CF page: 1,944 links!)